

## The Blue Peter Inn Sunday

### Lunchtime Menu

We are proud to boast that all of our menu is produced from raw local ingredients and is all “hand-made” by our Chef’s on the Blue Peter premises – Please also note, that our main lunch and evening menu can change on a daily basis, which is dependant on our Suppliers fresh availability of produce.

### Starters or Lite Bites

- Soup of the Day with croutons and Crusty bread £3.95  
Caribbean Crab Cakes (2) served with mixed leaf salad and a sweet chilli dip £4.95  
Mediterranean Fish and Shellfish Soup with Croutons and Crusty Bread £4.95  
Becky’s Chicken Liver Pate with mixed leaf salad, red onion chutney & toast £4.95  
Blue Peter Mixed leaf salad with Goats cheese £6.95  
Morrocan Mushrooms served mixed leaf salad & Crusty bread £7.95

### Mains

- Braised Lamb Shank with Roasties and Seasonal Vegetables £10.95  
3 Meat Roast (if you can or can’t choose!) Beef, Pork & chicken + all the trimmings £8.95  
Roast Cornish Topside of Beef with “Yorkshires”, Roasties & Seasonal Vegetables £6.95  
Roast Chicken Breast with Stuffing, Roasties and Seasonal Vegetables £6.95  
Roast Leg of Pork, with Stuffing, Apple Sauce, Roasties and Seasonal Vegetables £6.95  
Becky’s Nut Roast with Seasonal Vegetables and Vegetarian Gravy £6.95  
Children’s Roast Lunch – Beef, Pork, Chicken or Nut Roast - £4.95

### Sandwiches

All sandwiches are on fresh crusty granary or white bread and generously filled, Served with fresh mixed leaf salad and Tortilla crisps

- Cornish hand-picked White Crab £7.95  
Cornish Topside of Beef with fried onions £6.85  
Pork and Stuffing £6.35  
Breast of Chicken & Crispy Bacon with Mayo £6.55  
Roast Chicken breast and stuffing £6.15  
Local Free Range Chicken breast and Salad £6.45  
Brie and grape £6.25  
Prawns in a Marie-Rose Sauce £6.45

Please ask for our choice of “Sweets of the Day”

Please place your food order at the bar – there may be a wait as all dishes are freshly prepared – thankyou